

RADISH (MULA) SALAD (For 2 persons)

Ingredients :

1. 1 or 2 mid-size Radish
2. 1 cucumber
3. Raw Mango – 1/2
4. Pomegranate seeds
5. Tender Coconut slices – 1 or 2
6. Ola coconut spread
7. Salt to taste
8. Green Chilli - 1
9. Ginger

Preparation :

Remove the skin of the radish and grate it. Similarly remove the skin of cucumber and slice it into small pieces. Slice the raw mango into small pieces. Put them in a bowl. Cut tender coconut malai slices, add to the bowl and also spread some ola coconut over the preparation. Chop the green chilli into small pieces and add it to the bowl and add some salt. Slice a small piece of ginger into small pieces and add to the bowl. You can add some Kothmir over the preparation.

For topping, add some seeds like pumpkin seeds or flax seeds or watermelon seeds etc.

Your tasty salad is ready.